

# THE HEADLESS WAY

WITH  
RICHARD LANG

## Seeing Who You Really Are

### RALEIGH, NORTH CAROLINA Day Workshop

**T**his workshop is a refreshingly modern way of discovering who you really are – the boundless, timeless awareness that is everyone's True Self.

In the workshop you will be guided through awareness exercises that invite you to notice the difference between what you are for others, your appearance, and what you are for yourself, your reality. You are not required to believe or imagine anything. As amazing as it sounds, all you are asked to do is look.

What a treasure you find when you look: All things are within you. Come to the workshop and discover this beautiful, deep truth about yourself. And then go on re-discovering who you really are in your daily life, whenever you choose.

Richard Lang first saw who he really was in a workshop with the English philosopher Douglas Harding in 1970. Since then he has devoted his life to Seeing, and to sharing this simple, accessible Way.



For more information visit [www.headless.org](http://www.headless.org)

Unity of the Triangle Church  
Raleigh, NC  
Saturday, March 2 2024  
Time: 9am—5pm  
Lunch provided  
Cost: \$110



For more information and to book, contact Stacy: [stacyrallen@gmail.com](mailto:stacyrallen@gmail.com)